

EMOTIONAL INTELLIGENCE CERTIFICATION

As per International Standards



UNICHROME

Unichrone Training **Advantages**

- ✓ 1 Day Interactive Instructor-led Online/Classroom or Group Training
- ✓ Course study materials designed by subject matter experts
- ✓ Mock Tests to prepare in a best way
- ✓ Highly qualified, expert & accredited trainers with vast experience
- ✓ Enrich with Industry best practices and case studies and present trends
- ✓ Emotional Intelligence Training Course adhered with International Standards
- ✓ End-to-end support via phone, mail, and chat
- ✓ Convenient Weekday/weekend Emotional Intelligence Training Course schedule



About Unichrone

✓ We are a professional training institute with an extensive portfolio of professional certification courses. Our training programs are meant for those who want to expand their horizons by acquiring professional certifications across the spectrum. We train small- and medium-sized organizations all around the world, including in USA, Canada, Australia, UK, Ireland and Germany.



Guaranteed Quality



Handpicked Trainers



Global Presence



Online Training Option

We've trained professionals across global companies

Importance of Emotional Intelligence Training

- ✓ Emotional Intelligence Certification proves the personal competencies of a person in managing themselves. Certified professionals have better self-organization, which means that they are fully aware of the fact that they too have feelings, and they have an understanding of the feelings of others. Self-regulation is shown well in them to control their feelings in a constructive way. Furthermore, Certified Emotional Intelligence professionals develop good social skills thereby gaining the ability to understand other people.
- ✓ Emotional Intelligence Certification Training makes participants unleash best in them as far as performing their job is concerned. In terms of content offered, participants study practical key areas including self-identity, emotional regulation, interpersonal communication, and incentives. Learners, on other hand, benefit from profound knowledge imparted by our expert trainers in Emotional Intelligence Training hence, appreciative down-to-earth examples form E.I.I. concepts. This way participants improve competencies essential for dealing with stress at work, people communication, conflict solving, and inspiration of others.

ELIGIBILITY CRITERIA

- ✓ Aspirants need not meet any requirements to pursue Emotional Intelligence Training Course. However, having prior knowledge is beneficial.

WHO SHOULD ATTEND

- ✓ Any individual who wants to gain skills to understand Emotional Intelligence can enroll in the Emotional Intelligence Training course.

EMOTIONAL INTELLIGENCE CERTIFICATION ADVANTAGES



CERTIFIES
YOUR TALENT



HELPS
BUILDING
VALUES



GLOBAL
RECOGNITION



PERFECT
EXECUTION



BUILDS
CUSTOMER
LOYALTY



MORE
EMPLOYABILITY
OPTIONS

Syllabus of Emotional Intelligence Training

Lesson 01 – Introduction to Emotional Intelligence

1. What is Emotional Intelligence?
2. What Emotional Intelligence IS NOT?
3. Power of Emotion in Communication
4. Why is Emotional Intelligence Important?
5. Emotional Intelligence to Organizations
6. Competencies for Emotional Intelligence
7. Need to Improve Emotional Intelligence?
8. Improving Your Emotional Intelligence
9. Model for Self-Directed Change

Lesson 02 – Thinking, Feeling, and Acting

1. What Causes Us to Think, Feel, and Act the Way We Do?

Syllabus of Emotional Intelligence Training

Lesson 03 – Developing the Emotional Intelligence

1.	Ways to Develop Emotional Intelligence
2.	Utilize an Assertive Style of Communicating
3.	Respond Instead of Reacting to Conflict
4.	Practice Self-Awareness
5.	Empathize with Others
6.	Take Criticism Well

Lesson 04 – Habits and Emotional Intelligence

1.	Habits
2.	How to Stop Habits from Forming?
3.	How to Change Existing Habits?

Syllabus of Emotional Intelligence Training

Lesson 05 – Consuming Information: Personality Types

- | | |
|----|-----------------------------|
| 1. | How We Take in Information? |
| 2. | Myers Briggs Test |

Lesson 06 – Changing Past Conditioning

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|----|---------------------------------------|
| 1. | How to Change Your Past Conditioning? |
|----|---------------------------------------|

Syllabus of Emotional Intelligence Training

Lesson 07 – Avoiding Conflict

1.	Managing and Handling Conflict
2.	Conflict at the Workplace
3.	Conflict Management
4.	Steps to Managing Conflict
5.	Steps to Managing Conflict – Problem Solving Process
6.	Techniques for Avoiding Conflict
7.	Communication Styles
8.	Listening
9.	Barriers to Active Listening
10.	How to Be a Good Listener?
11.	Use of Voice
12.	Empathy
13.	Harness the Power of Emotion in Communication
14.	Role of Emotions
15.	Emotional Awareness
16.	Emotion Strategies
17.	Behaviors Demonstrating Higher EQ
18.	Levels of EQ
19.	Communicating a Difficult Message

Lesson 08 – Self Confidence Skills for Improved Emotional Intelligence

1.	Self Confidence Skills
2.	Positive Attitude
3.	Conversation
4.	Body Language
5.	Presentation
6.	Workplace Challenges
7.	Leadership
8.	Development Focus for Emotional Intelligence

Exam Format of Emotional Intelligence Certification

Examination Format	
Exam Name	Emotional Intelligence Exam
Exam Format	Multiple Choice
Total Questions & Duration	30 Questions, 1 Hour
Passing Score	Minimum passing score of 70%
Exam Cost	Included in training fee

To get you fully prepared with the knowledge and skills for Emotional Intelligence, a training session at Unichrone gives immense importance to mock questions at the end of every module and problem-solving exercises within the session. Prepared by certified faculty, the practice tests are a true simulation of the Emotional Intelligence exam.

Contact Us

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<https://unichrone.com/>

