NLP FOUNDATION CERTIFICATION

As per International Standards

UNICHRONE

Unichrone Training Advantages

✔ 1 Day Interactive Instructor –led Online/Classroom or Group Training

✔ Course study materials designed by subject matter experts

✔ Mock Tests to prepare in a best way

✔ Highly qualified, expert & accredited trainers with vast experience

✔ Enrich with Industry best practices and case studies and present trends

✔ NLP Foundation course adhered with International Standards

✔ End-to-end support via phone, mail, and chat

✔ Convenient Weekday/weekend NLP Foundation Training Course schedule

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About Unichrone

✓ We are a professional training institute with an extensive portfolio of professional certification courses. Our training programs are meant for those who want to expand their horizons by acquiring professional certifications across the spectrum. We train small- and medium-sized organizations all around the world, including in USA, Canada, Australia, UK, Ireland and Germany.
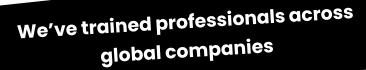
Guaranteed Quality

Handpicked Trainers

Global Presence

Online Training Option

We've trained professionals across global companies

PHILIPS

AXCESS
FINACIAL PRODUCT MANAGEMENT

CLARIANT

AkerSolutions

WÜRTH

baycoat

DU PONT

DASHTI

GlobalSign

TriskeleLabs

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Al Rajhi Bank

DHL

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EMERSON

accenture

VOLVO

AMA
AMERICAN MEDICAL
ASSOCIATION

sitel
group

Signify

AtoS

LEAR
CORPORATION

Importance of NLP Foundation Certification Training

✔ Neuro-Linguistic Programming Foundation Certificate can aid in attaining a panoramic knowledge of self-reformation, and interpersonal skills. It also consolidates the bridge between understanding one's goals and accomplishing them. The various NLP tools like mirroring, anchoring, meta modeling, and reframing foster the emotional intelligence of an individual. NLP Foundation Certification creates an awareness of the application of different NLP techniques and tools in their workspace, education, and personal life. This credential is beneficial to one and all majorly in the fields of Health Care, Mental Health, Marketing, Human Resources department, IT profession, and Team management.

✔ NLP Foundation Course imparts knowledge of various tools and techniques that need to be implemented in everyday life. It gives exceptional knowledge on NLP modeling, NLP communication models, NLP foundational concepts, four pillars of NLP, sub-modalities, and more. It is a comprehensive program designed to empower individuals with the knowledge, skills, and confidence to excel in the field of **Neuro-Linguistic Programming. Our course** helps professionals become experts in their respective fields. It offers a unique training methodology accompanied by high-quality learning materials is a stepping stone to a better career.

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ELIGIBILITY CRITERIA

- Aspirants need not meet any requirements to pursue NLP Foundation Training Course. However, having prior knowledge of the ISO standard is beneficial.

WHO SHOULD ATTEND

- Any individuals involved in and want to gain knowledge about Neuro-Linguistic Programming can attend the NLP Foundation Course.

Syllabus of NLP Foundation **training**

Lesson 01 – Introduction to NLP
1. Overview of Neuro-Linguistic Programming
2. Communication Excellence
3. Goal Achievement
4. Concentration
5. Stage Management
6. Positive Mental Attitude
7. Self-Image, Confidence and Self-Respect
8. Internal Flexibility and Emotional Strength
9. Emotional Strength
10. Creativity
11. Re-Coding and Changing Views
12. Learning Methods and Levels
13. Memory and Information Retention
14. Milton Model
15. Appreciating Personal Differences
16. Motivational Outcomes

Lesson 02 – NLP Modelling
1. Feedback Loop
2. New Code
3. New Code Games
4. Perceptual Positioning
5. Association and Disassociation
6. Representation System
7. Values and Beliefs

Syllabus of NLP Foundation Training

Lesson 03 – NLP Tools and Techniques
1. Moving Images
2. Goal Setting
3. Advanced Visualisation Techniques
4. Better Communication
5. Keeping Motivated
6. Becoming More Productive
7. Drama Triangle
8. Perceptual and Anchoring Techniques
9. Presupposition
10. Reframing
11. Metaphor in Range

Lesson 04 – Neuro-Linguistic Programming
1. Overcoming Hurdles
2. Moving Past Belief Limits
3. Leaving Behind Fears and Phobias
4. Building and Improving Relationships
5. Releasing Emotions and Stress

Syllabus of NLP Foundation Training

Lesson 05 – NLP Application

1. Leadership Management
2. Sales and Marketing
3. Education Instruction
4. Therapy Remedies
5. Effective Meetings

Lesson 06 – Overview of NLP

1. Introduction
2. What is Neuro-Linguistic Programming (NLP)?
3. Decoding NLP
4. History and Origin of NLP
5. How Does NLP Work?
6. Application of NLP
7. Presuppositions - Empowering Beliefs
8. Presuppositions
9. Power of Beliefs
10. Representational Systems

Syllabus of NLP Foundation Training

Lesson 07 – NLP Communication Models
1. NLP Communication Models
2. Sensory Rich Language
3. Visual Representational Systems
4. Kinaesthetic Representational System
5. Auditory Representational System
6. Olfactory Representational System
7. Component of Meta Model
8. Meta Model
9. Deletion
10. Distortion
11. Generalisation
12. Values
13. Beliefs
14. Memories and Experiences
15. Meta Programmes
16. How Useful are Meta-Programmes?
17. How to Identify Meta-Programmes?
18. Common Meta Programmes
19. Accessing Eye Cues

Lesson 08 – NLP Foundational Concepts
1. State Management
2. Importance of State Management
3. Ways to Boost State Management Skills
4. Critical Inner Voice
5. How Does the Critical Inner Voice Affect Us?
6. How to Conquer Critical Inner Voice?

Syllabus of NLP Foundation Training

Lesson 09 – Submodalities
1.   Introduction to Sub-Modalities
2.   Table Listing Sub-Modalities
3.   Sub-Modalities
4.   Sub-Modalities: Key Building Blocks of NLP Techniques

5.   Types of Sub-Modalities
    • Critical Sub-Modalities
    • Driver Sub-Modalities

6.   Example – Using Sub-Modalities for Fears
7.   Common Threshold Patterns

Lesson 10 – Four Pillars of NLP
1.   Four Pillars of Neuro-Linguistic Programming
2.   Pillar 1 - Outcome Orientation
3.   Pillar 2 - Sensory Acuity
4.   Pillar 3 - Behavioural Flexibility
5.   Pillar 4 - Rapport
6.   Techniques to Build Rapport

Syllabus of NLP Foundation Training

Lesson 11 – Anchoring
1. Anchors
2. What Can You Use Anchoring For?
3. Examples of Anchors
4. Steps in NLP Anchoring
5. Some Exercises with NLP Anchoring
6. Keys to Effective Anchoring
7. Circle of Excellence

Lesson 12 – NLP Techniques	
1.	Top NLP Techniques • Perceptual Techniques • Imagery Training • NLP Swish • Modelling • Incantations
2.	Time Line Technique
3.	How Does Creative Visualisation Work?

Syllabus of NLP Foundation Training

Lesson 13 – Language Patterns
1. Milton Model
2. Hidden Elements of Communication
3. Milton Language Patterns
4. Embedded Commands

Lesson 14 – Enhancing Life Experience
1. Enhancing Life Experience

Exam Format of NLP Foundation Certification

Examination Format	
Exam Name	**NLP Foundation exam**
Exam Format	Multiple Choice
Total Questions & Duration	30 Questions, 1 Hour
Passing Score	Minimum passing score of 70%
Exam Cost	Included in training fee

To get you fully prepared with the knowledge and skills for the NLP Foundation , a training session at Unichrone gives immense importance to mock questions at the end of every module and problem-solving exercises within the session. Prepared by certified faculty, the practice tests are a true simulation of NLP Foundation exam.

Contact Us

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